

## COVID-19 protection plan

Ascona-Locarno Run - 16/17 October 2021

This protection plan applies to the sporting event "Ascona-Locarno Run", which takes place on 16/17 October 2021 outdoors on the Piazza Grande and on the streets of Locarno, Ascona and Muralto (Ticino). The event is spread over two days and the individual races are separated in time in order to limit the number of participants.

This prevention and protection concept governs the measures to prevent the spread of the coronavirus. This concept is based on the directives issued by Swiss-Athletics, the directives of Swiss Olympics and the federal and cantonal directives of the Republic and Canton of Ticino concerning Covid-19.

The aim is to protect public health and the safety of people participating in the event in any form and in particular to prevent and prevent the spread of SARS-CoV-2.

Protection measures may be subject to change subject to the provisions of the competent authorities.

### 1. Competition programme and prerequisites

The Ascona-Locarno Run event includes 5 different running races. Access to these races, in addition to regular registration, requires the presentation of a valid Covid certificate (vaccination, recovery from illness or negative result to an antigenic or biomolecular test), consisting of:

- "Covid Pass", electronic or paper, issued by the competent authorities;
- Negative PCR swab carried out within 72 hours of the run;
- Negative rapid swab (antigen test with written certification) carried out within 48 hours of the race.

Race	Max persons	Certified covid requirement
kids Run (under 16)	<500	compulsory for over 16s
5 km Sunset Run	<500	compulsory for over 16s
10 km Walking&Nordic Walking	<500	compulsory for over 16s
10 km Run	<800	compulsory for over 16s
21 km Half Marathon	<800	compulsory for over 16s

Young people and children under 16 do not need to present a "Covid pass" and will receive a "Covid control" bracelet (see point 3.2).

### 2. Categories

For the management of the prevention and protection plan, participants are divided into categories as follows:

### 2.1 Participant category

Athletes taking part in the race, coaches or managers registered for the day, accompanying persons and parents of children taking part in the "kids Run", officials and assistants belong to the participant category. People in this category can move freely within the race course and the reserved areas once they are in possession of the "Covid control" bracelet (see point 3.2).

### 2.2 Category volunteers, collaborators, media and exhibitors

This category includes all volunteers and staff involved in the organisation and management of the event. Members of this category are identifiable and may move around in any area wearing a protective mask where required. Whenever a person in this category leaves one area in favour of another, he/she must disinfect his/her hands. A Covid certificate is recommended for these persons.

### 2.3 Category registered viewers

Registered spectators are entitled to enter the allocated area (e.g. VIP and sponsor stand) after registration and with valid Covid certificate. A mask must be worn where social distances cannot be maintained.

### 2.4 "Other" category

All spectators, accompanying persons, passers-by, the general public not registered and present in open areas, on public ground, outside the spaces managed and controlled by the organiser, are subject to the general rules of the Canton Ticino. The organiser may raise awareness of the people present along the route but is in no way responsible for their behaviour and tracking.

## 3. Special protection measures

### 3.1 Personal data/contact details

The data (surname, first name, address and telephone number) of all persons in the participating category will be collected in advance (online registration/listing) or on site using a form. The organising committee has contact details for all volunteers, staff and media.

The data collected will be logged and archived for up to 14 days after the event, to be made available to the relevant health authorities if requested.

The organiser may use third-party software/apps for registration and tracking of all participants (e.g. Mindful or SwissCovid) and external audiences. Responsibility for the data and their use via these platforms is left to the operators of the apps themselves.

### 3.2 'Covid Control' bracelet

At the entrance to Piazza Grande there will be two COVID check points where staff will check the identity of each participant and the possession of a valid COVID certificate. Eligible participants will receive a "Covid control" **identification bracelet** which must be worn at all times during the event and will allow access to all restricted areas, routes and common areas. At the entrance to the restricted areas there will be check points where the possession of the bracelet will be checked.

### 3.3 Use of protective health masks

Whenever you are in an enclosed space or cannot maintain the social distance of 1.5 m, the use of masks is mandatory. Children and young people under the age of 16 are not obliged to wear masks. Persons who are unable to wear a mask for special reasons are also exempt from the obligation to wear a mask if this is proven (present a corresponding medical certificate).

The provisions are also observed during the installation and dismantling of the areas and the route. You are exempt from wearing a protective mask when eating in the refreshment areas.

**The following rules also apply to runners in the participant category:**

- Each runner must have a spare mask in case of need and wear it on specific request of the organiser (in addition to the regulated cases).
- Wear the "Covid control" identification bracelet obtained from the organiser at the time of the eligibility check throughout the event.
- After the finish line, after leaving the finish area, runners should avoid gathering and clear the common areas (e.g. final refreshment) as soon as possible.
- Participants under 16 years of age are exempt from wearing a mask.

### **3.4 Flows of people**

Access to and exit from the common areas (bib collection, race route, hospitality, etc.) will be regulated by one-way paths, avoiding the crossing of several flows where possible. Signposting will be used.

### **3.5 Common indoor areas**

Access to the indoor areas will be regulated by Ascona-Locarno Run staff only to persons wearing a "Covid control" bracelet. No more than 100 people can be inside these areas at the same time. Hand sanitizer dispensers will be placed at the entrances of indoor facilities and common areas. The use of masks is compulsory for all groups of people inside the indoor areas unless otherwise stated.

Kits of protective masks and disinfectant gel will possibly be available for sale in the main areas and at various key points (Info point, bib collection).

Access to the changing rooms will be regulated by Ascona-Locarno Run staff.

A bag deposit service will be available only for registered runners with bib identification.

### **3.6 Common outdoor areas**

For outdoor areas, the rules of social distancing apply, with a distance to be observed of 1.5 m unless protective masks are used.

### **3.7 Collection of bibs and race package**

The bib collection process will be facilitated and speeded up as much as possible by setting up different collection areas depending on the race and the bib number. The time for bib collection is estimated at a maximum of 10 minutes per person (from the moment of entry into the bib collection area).

Access to the bib collection areas is only allowed during the hours indicated in the event regulations and if wearing a "Covid control" bracelet.

Each athlete must collect his bib personally.

Volunteers at the bib distribution will wear protective masks and keep a minimum distance of 1.5 m from each other.

The preparation of race packs will be done with due precautionary measures (use of masks by volunteers, disinfection of hands, social distance).

### **3.8 Starting procedures**

Starts will be in groups of up to 100 athletes each. Athletes will be allowed to enter the starting grid only if they have a bib and as provided for in point 3.2.

The starts will be separated by an appropriate time interval: a section may not start until the start procedure of the previous section has been completed (approximately 1 minute).

The brackets will be defined during bib allocation. Athletes can be roughly tracked on the course using the Datasport timing system. (Timekeeping at the starting line with chip/transponder and on the lines along the route).

### **3.9 Recommendations during the race**

All runners are asked to keep as much distance as possible while running on the course, avoiding following the tracks of other runners and keeping a safe distance as shown below:

### **3.10 Supplies**

There will be refreshments at designated points along the route. The personnel responsible for the preparation and distribution will wear masks. After the refreshment stations there will be waste bins. Athletes will be asked to throw their waste directly into the bins.

### **3.11 Awards and rankings**

The prize-giving ceremony for the overall winners will take place in the finish area of the course (Piazza Grande) in accordance with the protection plan.

The official rankings will be published online on the Datasport website, [www.ascona-locarno-run.ch](http://www.ascona-locarno-run.ch) and by sms.

## **4. Special provisions**

### **4.1 Disinfection products and protective masks**

The organiser will provide hand disinfection stations in strategic areas and near the toilets.

Protective masks in use by groups of people must be certified. Protective equipment that does not comply with the health standards in force in the Canton of Ticino or the European Community (EC) is not permitted.

### **4.2 Catering**

The catering and buvette services, both outdoors and indoors, which are the responsibility of the organising committee, will be carried out according to the rules in force for catering in the Canton of Ticino.

### **4.3 Public transport**

The organiser provides athletes with a free ticket for public transport throughout Switzerland. The general transport regulations apply.

### **4.4 Communication**

An effective and timely communication plan, as well as announcements to raise awareness of the correct behaviour of all participants, is planned through social channels, media, event speakers and through posters.

## **4. Covid Protection Plan Manager**

Responsible for Covid-19 for ALR: **Giovanni Togni**

## **5. General rule**

"Do I have symptoms such as a cold, fever, headache, cough, sore throat, sudden loss of taste and/or smell? Then I stay at home and get tested."

Disposizioni generali per atleti e atleti

**Spirit  
of  
Sport**  
si chiama ora ...

All'evento  
**senza sintomi**

Evitare le strette di mano  
e continuare a rispettare  
dove possibile la  
**distanza**

Valido dal 26 giugno 2021

Rispettare le  
**norme igieniche**  
dell'UFSP

Indossare la  
**mascherina**  
all'interno dove non viene svolta l'attività sportiva, come tribune, spogliatoi, ecc.

All'interno:  
**Elenchi di presenze**  
tracciabilità dei contatti stretti –  
Contact Tracing

Attenersi al  
**concetto di protezione**  
delle società e dei gestori degli  
impianti sportivi



Locarno, 20.09.2021

For the Ascona-Locarno Run Committee: Giovanni Togni

*For the purposes of dispute resolution or in the event of problems of interpretation or differences between language versions, the Italian version shall prevail.*